

THERAPY/COUNSELING/MENTAL HEALTH

Website for Pro Bono Counseling and referral program

<http://www.mhacolorado.org/page/probono/?submenuheader=0>

- Action Family Violence Program.....303-429-7144
www.actionfoundation.net
7010 Broadway Ste 205, Denver
Services: counseling, parenting classes, anger management, and alcohol classes
- Adams Community Mental Health Center.....303-853-3500
8989 Huron St., Thornton
Services: 24-hour phone line, services to Adams Cty
- Altitudes.....970-231-5456
<http://www.altitudes.net/>
5134 W. 29th Ave, Denver
Services: Neurological music therapy
- Arapahoe/Douglas Mental Health Network.....303-797-9346
Services: provides assessments, evaluations, and treatment such as couples, individual, family and group therapy for a wide range of mental health needs. They also provide dual-diagnosis treatment and play therapy. Accepts Medicaid.
- Arapahoe/Douglas Mental Health-Free MH screening
<http://www.admhn.org/> click on Free Mental Health Screening on the right
Services: screening is available for depression, bipolar disorder, post-traumatic stress disorder (PTSD), anxiety disorder, and alcohol abuse — and each is available in English and Spanish.
- Art Reach.....303-433-2882 x 226
<http://www.artreachdenver.org/aboutphp>
Services: works with area schools, member agencies and cultural facilities to bring the arts into the lives of children, young adults and seniors.
- Asian/Pacific Center for Human Development.....303-393-0304
<http://apdc.org>
Services: Domestic violence services for victims, individual counseling, family counseling, group psychotherapy, psychological evaluations, psychiatric medication evaluation and monitoring, case management services, and senior outreach. These services are provided in Hmong, Japanese, Khmer, Korean, Laotian, Mandarin, Cantonese, Taiwanese, Thai, Vietnamese, and English. Provides a Asian Youth Mentorship Program which provides one-on-one mentoring services for at-risk youth. Also provides ESL and

- citizenship classes.
- Aurora-Kempe SafeStart Project.....303-617-2841
Services: Services for kids (between ages 5-12) and families who have experienced traumatic life events. Parents/caregivers must participate with their child(ren). Free of charge.
- Aurora Mental Health.....303-617-2300
 Adolescent.....303-617-2600
 14301 E. Hampden, Aurora
 Early Childhood.....303-617-2457
 11059 E. Bethany Dr #101, Aurora
 Child Intensive.....303-617-2622
 10782 E. Alameda, Aurora
Services: child and adult therapy, intensive in-home services, issue-focused interactive groups, medication evaluations, day-treatment. Sliding scale fee available for residents in the City of Aurora.
- Believing in Kids and Families.....303-794-7008
 5554 S. Prince St., Littleton
www.bikaf.com
Services: individual, family, couples and group counseling with children, teens and their families. Also offers parenting classes and parenting workshops. Sliding scale fees available
- Bridge House Acute Treatment Unit303-730-0797
 6507 Sante Fe Dr, Littleton
- Catholic Charities-The Family Center.....303-742-0828
www.ccdenvver.org
Services: Individual, couples and family counseling, intensive in-home counseling, faith-based counseling, grief and loss counseling, educational testing, psychological testing, psychiatric evaluations for medications and medication management, crisis debriefing, workshops/groups. They provide quality counseling to all clients regardless of income level and services are based on a sliding scale. They accept Medicaid, CHP+, Victim's Comp, and some private insurance.
- CHARG Resource Center.....303-830-2130
 709 E. 12th Ave, Denver 80203
 Drop in center: 920 Emerson St., Denver
 Mon 10am-4:30pm, Tue-Fri noon-4:30pm
Services: Counseling to adults with a mental illness and medication.
- Chrysalis Counseling Center.....303-360-0900

- Services:* individual/family counseling, drug/alcohol counseling, parenting classes, relapse prevention, DUI adolescent groups, and love and logic parenting classes-Accepts Medicaid and sliding scale fee
- Colorado Crisis and Support Line.....844-493-8255
www.RMCrisisPartners.org
Services: 24/7 access to a trained mental health professional providing crisis support, intervention, and consultation. Referrals to resources in your area that meet your exact needs. Friends and family members are able to access professional guidance for a loved one they are concerned about.
 100% free
- Colorado Moves.....303-934-7050
Services: Individual/family counseling and anger management
- Community Reach Center.....303-853-3500
www.communityreachcenter.org
Services: Parenting classes, early childhood and family therapy services, case management, and intensive home and family therapy. Mental health services for children 2-6 yrs old and their families. Therapies include play therapy, family therapy, parenting support and psychiatric services.
- Creative Recovery Counseling.....303-752-2390
 2323 S. Troy St., Aurora
- Denver Center for Victims of Crime.....303-894-8000
 Spanish 303-718-8289
www.denvervictims.org
Services: support groups for victims of crime including groups for the disabled and/or people 60 yrs plus, homicide/suicide support groups, men and women groups for victims of crime, kinship care workshops, and parenting after trauma workshop
- Denver Family Institute-(sliding scale).....303-756-3340
 7200 S. Hampden Ave
www.denverfamilyinstitute.org
Services: Offers sliding scale (often free) outpatient individual, marital, family and play therapy.
- Denver Indian Family Resource Center.....303-871-8035
 393 S. Harlan St., Lakewood
www.difrc.org
Services: Strength based family assess., parenting classes, ongoing support, substance abuse prevention and education, youth in transition and fatherhood groups.

- Developmental FX.....303-333-8360
www.developmentalFx.org
 7770 E. Iliff Ste E, Denver
Services: Developmental FX is a not-for-profit organization specializing in clinical services for families with Fragile X Syndrome and other neurodevelopmental disorders providing a full team assessment involving speech, occupational therapy and psychology
- Dynamic Directions Counseling.....303-797-1440
Services: Individual/family counseling and anger management for teens
- Early Childhood and Family Center.....303-617-2457
 11059 E. Bethany Dr., Aurora
Services: individual child therapy, family therapy and support, psychiatric services, PTIC, trauma therapy, and nurturing parent program
- Empower Colorado.....1-866-213-4631
 Crisis Line 888-885-1222
www.empowercolorado.com
Services: an organization run by families to offer support, education, advocacy and resources to families with children and youth who have social, emotional and mental health challenges.
- The Empowerment Program.....303-320-1989
 1600 York St. Denver
Services: Intensive out-patient services for: anger management, trauma groups, domestic violence, ADAD services, one on one counseling, support groups for male IV users, random UA's, case management, GED preparation classes and tutoring, work with women working as prostitutes and want to leave, job readiness training and placement assistance. They also offer a transitional housing program for women who are also working with the Empowerment Program. All services are free of charge.
- FACES.....720-570-9333
- Family Tree's Karlis Family Center.....303-462-1060
 1777 Kipling St., Lakewood
- Family Voices of Colorado.....800-881-8272
www.familyvoiceco.org
Services: support, education, and advocacy for families of children and youth with mental health issues and special health needs.
- Four Seasons Counseling.....303-369-0585
 2121 S. Blackhawk St, Aurora
fourseasonscounseling.com
Services: Child, family, adolescent therapy, CBT

treatment, substance abuse treatment-individual, divorce treatment, mediation, animal assisted treatment. Accept Medicaid and CHP+ and sliding scale fee.

- Ft. Logan.....303-761-0220
3520 W. Oxford Ave., Denver
Services: inpatient psychiatric for adults only
- Gateway Battered Women’s Shelter.....303-343-1851
PO BOX 914 Aurora, 80040
www.gatewayshelter.org
Services: 24 hr crisis line, emergency and short-term housing, counseling for men, women, children, and couples, emergency transportation. Accepts Medicaid
- Haven Corporation.....Colorado Springs 719-590-4124
Denver 720-328-6349
<http://havencorporation.com/>
Services: provides In-Home Family Therapy, individual counseling, and drug and alcohol treatment to juveniles, young adults, and their families with the vision to serve and advocate for at risk youth to promote positive behaviors which will improve the youth’s quality of life. Primarily located in Colorado Springs but are looking for clients in Denver area.
- Healing from the Heart.....303-733-1176
360 S. Monroe St., Denver
- Jefferson Center for Mental Health.....303-425-0300
4857 Independent St., Wheatridge
Services: 24-hour crisis line for Jefferson Cty residents
- Jewish Family Service of Colorado.....303-597-5000
<http://jewishfamliyservice.org>
3201 S. Tamarac Dr, Denver 80231
Services: Provides food and financial aid to people in crisis, mental health counseling, offers training and job placement to those with developmental disabilities, refugee mental health services, Russian mental health services, and KidSuccess school-based counseling
- Kempe Center (group, families-abusive situation,
Preschool for abused kids)..... 303-864-5252
1825 Marion St., Denver
- Life Support Behavioral Institute.....888-516-5995
www.lifesupportinstitute.com
7853 E. Arapahoe Ct, Suite 3550, Centennial
Services: Offers individual, family, and couples therapy

and treatment for a variety of mental health issues along with an extensive therapeutic environment for adolescent teen drug and alcohol addiction ranging in age from 12-18 years. Offers Intensive Home Based Family Preservation Services to include basic parenting skills and behavior interventions.

- Lowry Family Center.....303-307-0718
4800 Oakland St, Unit 3, Denver
Services: Couples communication class/health relationships
- Maria Droste Counseling Center.....303-756-9052
www.mariadroste.org
1355 S. Colorado Blvd ste 100., Denver
Services: psychotherapy and counseling services for adults, children, teens, couples and families.
- Marilee Boe-Psychotherapy to promote balance.....303-758-2659
2755 S. Locust St. Suite 219 80222
- Mental Health Center for Boulder County.....303-447-1665
1333 Iris Ave., Boulder
Services: Mental health for residents in Boulder and Broomfield County
- Mental Health Corporation of Denver.....303-504-1250
www.mhcd.org
4455 E. 12th Ave, Denver
Services: Mental health to Denver Cty residents
- Miracles.....303-825-8113
655 Broadway, Denver
Services: Physical fitness, nutrition education, parenting, anger management, self-esteem building, career education, budget and finance, grief and loss, trauma treatment, family therapy, self-defense, GED education, social skill development, employment training, mental health treatment, UA and BA, relapse prevention, and medication management.
- The Mother's Wing.....720-208-2244
Services: Post partum support
- NAMI Colorado.....303-321-3104
www.namicolorado.org
22805 Albion St, Denver
Services: provides people with mental illness support groups, educational programs and one-on-one guidance.
- Peak Pediatric Rehabilitation, LLC.....518-396-9139
www.peakpediatricrehabilitation.com
10094 Telluride St, Littleton
Services: experience with sensory integration issues,

behavior issues, feeding problems such as picky eaters, drug exposed newborns over all developmental milestones, cognitive skills development, verbal and expressive language delays. Accepts Medicaid. Children birth to 15 yrs old.

People House.....303-480-5130

www.peoplehouse.org

3035 W. 25th Ave, Denver

13693 E. Iliff Ave. Suite 112, Aurora

Services: People House is a non-profit collaborative community for healing and growth, offering holistic resources for life's journey—empowering people for over 40 years. Our philosophy of care recognizes the mind/body/spirit connection. We offer programs that advocate for living a life of conscious awareness and responsibility, while acknowledging that we are each constantly progressing along the path and will all need help somewhere along the way. Affordable Counseling, Veteran Reintegration, Spiritual Healing.

Philippi Center.....303-766-4111

<http://philippicenter.com>

13710 E. Rice Place Ste. 150, Aurora

Services: Equine assisted therapy for a variety of services including: individual counseling, couples counseling, therapeutic groups, youth behavioral services, crisis counseling for families, suicide survivor counseling, cancer survivor counseling, military survivor counseling, and grief counseling. Accepts Medicaid.

Project Bloom.....303-617-2457

11059 E. Bethany Dr, Aurora

Services: Mental health treatment that focuses primarily on young children from birth to five years old with serious emotional disturbances (SED).

Families are equal partners in a supportive and collaborative service delivery process called Wrap Around.

Promoting Safe and Stable Families.....Jim Mooney 303-617-2652

www.apdc.org

1537 Alton St, Aurora

Services: Parent advocate program for high-risk families involved with Arapahoe County Human Services. Must have a referral made through caseworker. Program is through Aurora Mental Health.

Project Wise.....303-765-5879

www.denverprojectwise.org

1301 Kalamath St, Denver

Services: Women's services such as individual

- counseling, mentoring program, education
and support groups
- The Blue Bench.....303-329-9922
www.bluebench.org
Services: free counseling for rape victims
- Rocky Mountain Crisis Partners.....1-888-885-1222
www.metrocrisiservices.org
Services: Denver Metro Crisis Line staffed 24 hours
for anyone struggling with mental or emotional
problem(s), getting into trouble with drugs or
alcohol, having family or relationship problems, or
problems at work or school. Website also offers
a self-assessment and a list of services in Colorado.
Offers translation services for no-English speakers,
immediate problem solving capabilities, and follow
up calls for continued care.
- Rocky Mountain Trauma Institute with Aaron Wiemeier.....303-949-2726
www.allabouttrauma.com
Services: Specializes in attachment issues and accepts
Medicaid. Traditional in-office counseling,
home-based and intensive home based.
- Sacred Heart House of Denver.....303-296-6686
2844 Lawrence St., Denver
- Samaritan Center for Counseling & Training.....303-639-5240
2901 S. Colorado Blvd., Denver
- Savio House-Family Treatment.....303-225-4100
325 King St., Denver
- Sheridan Health Services.....303-781-1636
3525 W. Oxford, Wing G3, Sheridan
Services: Primary health care, prenatal care, gynecology,
mental health services, substance abuse treatment,
immunizations, school physicals, sick visits, and
Medicaid Assistance. Open Mon, Tues, Thurs
and Fri 8am-5pm and Wed 10am-6pm
- Shiloh House-intensive family therapy.....303-932-9599
6400 W. Coal Mine Ave., Littleton
- Solace Counseling Services.....303-975-1922
Services: counseling offering group, individual and
family therapy on a sliding scale fee.
- Synergy Adolescent Treatment Services.....303-781-7875
www.artstreatment.com
3738 W. Princeton Cir., Denver
Services: ARTS provides both inpatient and outpatient
treatment services for substance abuse. See the
website for a list of programs.
- Tennyson Center for Children.....303-433-2541

www.tennysoncenter.org

2950 Tennyson St., Denver

Services: Residential treatment, day treatment, community based family services, education program, in-home services, and outpatient therapy for individuals and families.

Third Way Center-Intensive family therapy.....303-780-9191

4495 Hale Pkwy, Denver

Tri County Health Mothers First.....Aurora 303-341-9370

Littleton/Englewood 303-761-1340

Turning Point Mental Health Services.....303-780-0170

6825 East Tennessee Suite 112, Denver

Services: DV evaluation and treatment for male and female offenders. Level 2 education and therapy for DUI offenders. Addiction education and relapse prevention. Cognitive restructuring. Substance abuse and mental health evaluations. Parenting program for men who had abuse in their history (spouses or as a child). Family and individual counseling. Master level interns see clients at a reduced rate.

University of Colorado/Denver Counselor Training

Center.....303-556-4372

www.ucdenver.edu/counselingcenter

Services: Provides 10 sessions at a sliding scale fee ranging from \$5-\$40 per session.

Zumas Rescue Ranch.....303-346-7493

<http://www.zumasrescueranch.com/>

7745 N. Moore Rd, Littleton

Services: Experiential Learning with horses, which is a private learning time with a therapist and working with the horses to build self-esteem, confidence, and communication skills-\$75/hour. Family therapy program where the teen and her father can come together and work with a therapist and the horses to help with communication and trust-\$75/hour. Teen Empowerment Group available that runs 8 weeks and is \$40/week. Sliding scale opportunities. They also take teen volunteers.