

Communication Services

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## **News Release**

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## Volunteers spread holiday cheer to seniors in Arapahoe County

Elves for Seniors program provides holiday home decoration assistance

**LITTLETON, CO –** On Colorado Gives Day, and year-round, Arapahoe County Volunteer Connections wants to remind you that giving time is as valuable as giving financial donations.

Elves for Seniors, a program from Volunteer Connections, paired groups of volunteers with senior citizens in their communities looking for holiday decorating assistance. Many seniors who still live independently need assistance getting their homes ready for the holidays and request help with hanging lights, setting up trees and other holiday decorating. Seniors often request this kind of assistance through Senior Resources and the Chore Services program but the type of help workers can provide is restricted as those programs are grant funded. In 2016, Volunteer Connections came up with Elves for Seniors to meet this need.

On Saturday, Dec. 2, volunteer groups went to 9 homes in Arapahoe County, serving 11 seniors. More than 30 volunteers donated their time and cheer in groups of two or more volunteers. Volunteers included families with children as young as six and Arapahoe County employees.

"I am certainly blessed," said Linda, a senior living in Arapahoe County. "I could never have done this by myself."

Volunteers will return in January to remove the decorations. This program will continue in 2018. An additional 58 volunteers also will deliver holiday gifts to low-income seniors later in December.

If you are looking for a volunteer opportunity, there are many seniors who also need help shoveling snow after a storm. Volunteers are paired with a senior within walking distance and must commit to the entire season. Please contact volunteer coordinator Nira Duvan at <a href="mailto:nduvan@arapahoegov.com">nduvan@arapahoegov.com</a> or 303-738-7938 to volunteer for this and other programs.

For all volunteer position descriptions and volunteer applications, visit <a href="www.arapahoegov.com/volunteer">www.arapahoegov.com/volunteer</a>.

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